

MINUTES of the meeting of the **HEALTH AND WELLBEING BOARD** held at 1.00 pm on 12 March 2015 at New Council Chamber, Reigate Town Hall, Castlefield Rd, Reigate, Surrey RH2 0SH.

These minutes are subject to confirmation by the Committee at its meeting on Thursday, 11 June 2015.

Elected Members:

- * Mr Michael Gosling (Co-Chairman)
- * Dr Andy Brooks (Co-Chairman)
- * Councillor John Kingsbury
- * Dr David Eyre-Brook
- Dr Claire Fuller
- Dr Andy Whitfield
- * Dr Liz Lawn
- Mrs Mary Angell
- * Councillor James Friend
- * Mr Mel Few
- Peter Gordon
- Chief Constable Lynne Owens
- * Helen Atkinson
- Nick Wilson
- * John Jory
- * Dave Sargeant

100/15 APOLOGIES FOR ABSENCE [Item 1]

Apologies were received from Mary Angell, Claire Fuller, Peter Gordon, Andy Whitfield and Lynne Owens.

James Blythe, Mike Rich and Charlotte Keeble attended as substitutes for Claire Fuller, Peter Gordon and Andy Whitfield respectively.

101/15 MINUTES OF PREVIOUS MEETING: 8 JANUARY 2015 [Item 2]

The Minutes were agreed as an accurate record of the meeting.

102/15 DECLARATIONS OF INTEREST [Item 3]

There were no declarations of interest.

103/15 QUESTIONS AND PETITIONS [Item 4]

There were no questions or petitions.

a MEMBERS' QUESTIONS [Item 4a]

There were no Member questions.

104/15 PUBLIC QUESTIONS [Item 4b]

There were no public questions.

105/15 PETITIONS [Item 4c]

There were no petitions.

106/15 BOARD BUSINESS [Item 5]**Co-Chair of the Board**

It was reported that Andy Brooks would be stepping down as Co-Chair at the end of March 2015, and this would therefore be his last meeting in that role. The Chairman thanked him on behalf of the Board for his contribution as Co-Chairman. In response, Andy Brooks thanked the Board and officers for their support and their contribution to the progress the Board had made over the past year.

Liz Lawn would be taking over as Co-Chair from 1 April 2015, and the Board would be asked to formally ratify her appointment at the meeting in June 2015.

Sophie Baker

It was noted that this was Sophie Baker's last meeting before taking up a new role in Adult Social Care, and the Board thanked her for her support and wished her well for the future.

Letter From Norman Lamb

Copies of a letter from Norman Lamb MP, Minister for Care and Support, were tabled at the meeting. The letter recorded his personal thanks and appreciation to Maggie MacIsaac, Chief Operating Officer at North East Hampshire and Farnham CCG, for Surrey being one of the first areas to submit a comprehensive mental health crisis care concordat action plan. He recognised and valued the work being done in Surrey, particularly around preventing crises and the Time Out Cafe model in Aldershot (which would be rolled out across the County as a result of the successful Transformation Challenge Award bid). It was noted that the work being undertaken in Surrey was also being presented at a national Local Government Association/Association of Directors of Adult Social Services event in March.

Substance Misuse Strategy Consultation

It was reported that the consultation to shape the drug section of the Substance Misuse Strategy had now been launched. The Surrey Substance Misuse Partnership was developing a Strategy to prevent and reduce social and physical harm caused by substance misuse in Surrey.

The Partnership aims to offer every support to make drug taking less accessible and desirable, and to enable and motivate people to fully recover from drug dependency. They are committed to working together with partners including service users, families and communities, to make this strategy the best it can be for our population. Contributions and opinions were being sought to enable local communities to support more individuals to become free of their dependence and contribute to society. Board members were encouraged to complete survey on Surrey Says or the Healthy Surrey website.

Winter Preparedness

The Chairman highlighted that he previously included letters from NHS England in his announcements, highlighting the many ways partners help people keep healthy during winter - for example; flu vaccination programmes, healthy homes initiatives, messages to prevent the spread of viruses etc. Tying into this, at the private meeting in February, the Board discussed the forward plan, of which one of the upcoming items discussed was 'Social Responsibility'. At that meeting the Board discussed ways partner organisations could encourage residents to encourage and enable self care and a focus on healthy living, and the aim was to bring these together in the form of a joint campaign ready for next winter.

The Board made the following **recommendation:**

That the Health & Wellbeing Communications Group be asked to work together across organisations to co-ordinate winter messages, share knowledge and pool efforts to make it easier for Surrey residents to remain well over the winter months.

Action by: All Board Members

107/15 FORWARD WORK PROGRAMME [Item 6]

It was agreed that an item on Tackling Childhood Obesity in Surrey would be included in the Work Plan for September 2015:

The Forward Work Plan was agreed.

108/15 BETTER CARE FUND UPDATE [Item 7]

Key points raised during the discussion:

- 1 Dave Sargeant, Strategic Director for Adult Social Care, provided an oral update confirming that the Surrey Better Care Plan had been approved in February 2015 without any conditions or additional support. This was testament to the hard work of colleagues from across Surrey in putting together the plan, engaging partners and collating and responding to the feedback have received.
- 2 The final legal arrangements were being made to establish pooled budgets and implementation of local plans was well underway in each area led, by the Local Joint Commissioning Groups. Work was also progressing on a small number of 'enabler' projects which would support the integration of health and social care services – these included work around data sharing and information governance and developing a project to support the workforce changes required to achieve the shared ambitions.
- 3 The Board noted the approval of the plan and the ongoing work to implement the arrangements, and put on record its sincere thanks to all those that had been involved over the last 12 to 18 months.

109/15 SURREY PHARMACEUTICAL NEEDS ASSESSMENT [Item 8]

Witnesses:

Ruth Hutchinson, Deputy Director Public Health
Hannah Bishop, Public Health Lead

Key points raised during the discussion:

- 1 The Board received a presentation outlining the purpose and methodology of the Pharmaceutical Needs Assessment (PNA), and setting out the key findings.
- 2 One of the three most common themes raised by the public for improving pharmaceutical services was increased opening hours, and it was noted that Public Health England (PHE) was required to refer to the PNA before decisions were made about changes to current provision and in planning future services. PHE also had responsibility for monitoring demand for licences. The PNA was a tool which would

allow informed choices to be made to achieve a balance between what commissioners were expecting pharmacies to deliver and what the public was demanding.

- 3 Detailed health profile information for each Borough and District in Surrey, broken down to ward level, was available on Surrey-i, which meant that well-informed decisions could be made about current needs and potential future demands on services.
- 4 The conclusion of the PNA was that pharmaceutical services in the County were currently being delivered satisfactorily, but the population was increasing and ageing. Future decisions about service delivery would need to take account of these issues and other factors such as travel times to pharmacies.
- 5 It was recognised that the PNA was a significant undertaking, and the Board expressed its thanks to those involved.
- 6 It was noted that a representative from Public Health England would be joining the Board in the near future, and it was agreed that further consideration should be given to the PNA following that appointment.

Resolved:

That Surrey's Pharmaceutical Needs Assessment be approved and published on Surrey-i.

Actions/Next Steps:

Further consideration of the PNA to be scheduled in the Forward Plan.

110/15 DISTRICT AND BOROUGH STRATEGIC PLAN WELLBEING ASSESSMENTS [Item 9]

Key points raised during the discussion:

- 1 The Board received a presentation summarising District & Borough activity in support of health and wellbeing objectives. A copy is attached at Appendix 1.
- 2 It was reported that significant progress had been made over the past year, and activity was taking place in all eleven areas. It was, however, acknowledged that this was an on-going process.
- 3 Further examples were provided about activity in Mole Valley, which included a very successful recent childhood obesity summit at which all Boroughs and Districts in the County were represented. Funding had also been received to support the development of a wellbeing centre in the District. The Heart Star Programme, which provides practical advice and tools to promote healthy living, was also recommended as a key way to gain community participation.
- 4 It was recognised that whilst the health benefits of various programmes was clear, measurement of tangible outcomes was often

difficult due to the long-term nature of the process (for example, teenagers participating now would reap the benefit much later in life).

- 5 It was noted that the County Council was currently putting together a list of all groups involved in health promotion in the County, and this would be shared with partners once it had been completed.

Actions/Next Steps:

The next annual update would be provided in March 2016.

111/15 AN UPDATE ON DEVELOPING A PREVENTATIVE APPROACH PRIORITY ACTION PLAN [Item 10]

Key points raised during the discussion:

- 1 Helen Atkinson, Director of Public Health, gave a presentation highlighting the value of preventative services and providing examples of initiatives from across the County. It was noted that there was a difference of 15 years in the life expectancy between the most and least deprived areas.
- 2 Examples of preventative activity highlighted in the Clinical Commissioning Group areas were as follows:
 - Surrey Heath – messages posted on wheelie bin hangers to promote the winter wellness campaign, and roll-out of training for the suicide prevention programme.
 - East Surrey – a pilot programme to support increasing risk drinkers (who account for one in five drinkers in Surrey), and a charter to support businesses to achieve wellbeing in the workplace.
 - North West Surrey – early identification of Chronic Obstructive Pulmonary Disease, and tackling smoking as the primary cause.
 - Surrey Downs – a Winter Warm campaign in conjunction with Boroughs and Districts, offering ‘warm packs’ for home improvements and boiler replacement.
 - Guildford & Waverley – a Stop Smoking campaign targeting high prevalence communities, and a health eating and exercise programme called Healthy Exercise and Nutrition for the Really Young (HENRY), which focused on children in danger of becoming obese and their parents.

- 3 At a County-wide level, the impact of poor air quality on vascular health was being assessed. It was noted that local air quality alerts were available through www.airalert.info/surrey.
- 4 A question was asked by a member of the public present about how the Board would address the potential of mixed messages from the proliferation of outlets selling e-cigarettes in shopping centres frequented by young people. A specific example given was a kiosk in the Belfry Centre in Redhill. It was noted that as e-cigarettes were legal, councils had no powers to stop licences or influence the location of such outlets. The Board would need to consider a full report on the health issues relating to e-cigarettes before adopting any sort of policy, although the accepted view was that it was too early for sufficient evidence about health impacts to be available. However, Reigate & Banstead Borough Council would liaise with the manager of the Bellfry Centre to see what action might be possible in relation to the specific case raised.

Action by: John Jory

Resolved:

That the proposed approach to further develop the local Prevention Plans with Clinical Commissioning Groups, Surrey County Council and District and Borough Councils be endorsed.

Action by: Helen Atkinson

Actions/Next Steps:

None.

112/15 SURREY PHYSICAL ACTIVITY STRATEGY [Item 11]

Witnesses:

Campbell Livingston, Director, Active Surrey

Key points raised during the discussion:

- 1 There was still a high proportion of the population in the County not reaching the recommended levels of physical activity. This would be an ongoing issue as the population was ageing and physical activity tended to decrease with age. Inactive people on average spent 38% more time in hospital and visited their GP more often.
- 2 Three programmes had been developed following consultation with partners, focused on different age groups: Start Moving (for children), Moving Everyday (for adults) and Stay Moving (for older people). Endorsement of the programmes was expected from all Boroughs and Districts in the next six to eight weeks.
- 3 The value of cycling as a way of encouraging physical activity was raised, and it was noted that some areas, such as Mole Valley, had low levels of commuter cycling because rural roads were relatively dangerous during commuting hours. Road safety education was

therefore key to achieving take-up. Other areas, such as Woking, had achieved significant increases in cycling rates through improvements in facilities such as cycle paths and racks.

Resolved:

- a. That the Strategy be endorsed, and the use of the Health & Wellbeing Board logo to demonstrate this endorsement be approved.
- b. That the Health & Wellbeing Board support the Active Surrey Board in its work.
- c. That the Health & Wellbeing Board partners consider using the Strategy when reviewing or introducing local strategies and plans.

Actions/Next Steps:

An annual progress report would be provided to the Board.

113/15 COMMISSIONING PLANS AND ANNUAL REPORTS [Item 12]

Key points raised during the discussion:

- 1 Summaries of the Clinical Commissioning Groups' (CCG) commissioning plans were tabled and briefly explained. Copies are attached at Appendix 2 to these Minutes. The County Council presented the Council's Corporate Strategy.
- 2 It was agreed that the Plans would be considered further by the Board in the coming months, and the Board would seek to identify common issues and problems as part of that further consideration.
- 3 Annual Reports needed to be submitted by 23 April 2015, and consideration of certain aspects of the Annual reports by Health & Wellbeing Board members was required prior to that date. The Board discussed and agreed a process for completing this review process with each CCG being asked to complete a short template identifying how they had contributed to the Board's priorities (these would be circulated to Board members prior to the April deadline for submission of the Annual Reports).

Action by: CCG representatives/Justin Newman

Resolved:

That the plans presented (CCG Commissioning Plans and County Council's Corporate Strategy) were aligned to the Surrey Joint Health and Wellbeing Strategy.

Actions/Next Steps:

Information on the contributions to Board priorities to be circulated to Board members.

114/15 PUBLIC ENGAGEMENT SESSION [Item 13]

Changes to legislation about the provision of key information and advice to the public were highlighted, which meant that it would no longer be legal for local authorities to do so by purely digital means. The Waverley Borough Council *Making Waves* newsletter, which included details for the full range of methods of contacting the Council, was quoted as an example of good practice. John Jory was asked to raise the issue at the next Surrey Chief Executives' meeting.

Meeting ended at: 4.05pm

Chairman

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